Help, I need somebody  
Help, not just anybody  
Help, you know I need someone  
Help!  
  
When I was **younger**, so much younger **than today**  
**I never need**ed anybody's **help in any way**  
But **now** **these days are gone** I'm not so self-assured  
**Now I find** I've **changed my mind and opened up the doors**  
Help me if you can, I'm feeling down  
And I do appreciate you being 'round  
Help me get my feet back on the ground  
Won't you please, please help me?  
  
And **now my life has changed** in oh so many ways  
**My independence seems to vanish in the haze**  
**But every now and then** I feel so insecure  
**I know that I** just **need you like I've never done before**chorus

When I was younger, so much younger than today  
I never needed anybody's help in any way  
But **now these days are gone** I'm not so self-assured  
**Now I find I've changed my mind, I've opened up the doors**chorus